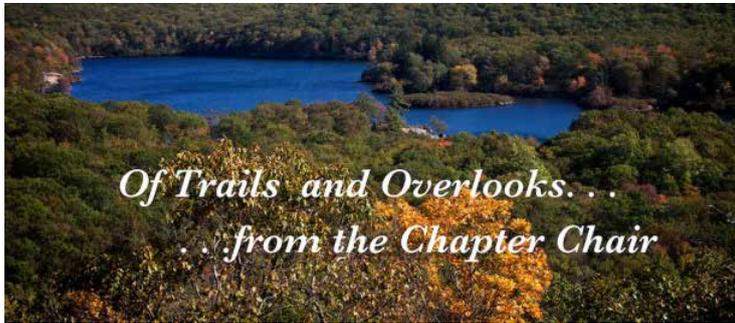


Published by the New York Chapter, Inc.
of the Adirondack Mountain Club, Inc.
Peter Stuyvesant Post Office Station
P. O. Box 327, New York, NY 10009
Camp Nawakwa on Lake Sebago, 845-351-4135
www.adkny.org



On the Heritage of the New York Chapter

...the traditions, achievements, beliefs, etc., that are part of the history of a group or nation;

...an inherited or established way of thinking, feeling, or doing

- Merriam-Webster

A recent letter that I received from long-time member Marvin Kirkland (see related article in this issue on the Nawakwa Friends of St. John's in the Wilderness) and the up-coming discussion to be held at our Annual Board Meeting in August about the old "Army stove" (see Alex Wilkie's article on the stove in this issue) started me thinking about the heritage and traditions that we have as a Chapter, particularly in regard to Camp Nawakwa.

A reading of the History that was written for the occasion of the Chapter's 50th Anniversary by Ira Ayres (which can be found on the new Chapter website) shows that there was a great deal of activity in the early formative years of the Chapter, including a great deal of learning by trial and error. For example, did you know that the Chapter had two other camps in the Park before Nawakwa was built? And based upon the experiences at one of them (Camp Blue Bird), it was decided "to have all the sleeping quarters out and away from the main building" and "to have the buildings somewhat removed from the shoreline." Also at Camp Blue Bird, "Our very successful system of community meals began on our second weekend in October, 1924." The first weekend evidently was chaotic as each individual or group prepared its own meal: "With about 30 persons present, the last one had breakfast at about eleven o'clock, due in part to the limited facilities. That told the story and thereafter we began and have continued to have community meals." Ira reported that it took two years to hone the system of hosting that we still have in place today. Many long-time members remember the hosted weekends and shared meals as being the highlight of their Camp experiences.

This community-dynamic has been and is a hallmark of the New York Chapter and Camp Nawakwa. It was seen recently at our Spring Work-day, as thirty-two individuals (members and applicants) came together to get Camp in good shape for the new season. It is the essence of teamwork, with each doing a part but all subordinating their own personal importance to the effectiveness of the whole. It is seen in the many members, volunteers all, who work behind the scene in committees to keep the Chapter activities functioning smoothly. It is seen in those who enthusiastically host weekends and mid-week. It is seen in the Chapter members who, in coordination with the Trail Conference, help to maintain our hiking trails. All generously working together for the good of the members.



Things get old and worn out and need to be changed (like locks and old boats and leaky roofs). There are genuine improvements and advances that are adopted over the years (our well was drilled in 1935; electricity came to camp in 1969). Lively discussions, in the early years and now, challenge us and give us the opportunity for growth. But the "established way of thinking, feeling, and doing" that is captured in the community spirit of our Chapter is the real heritage in which we can take pride and which should be treasured and fostered.

- Ray Kozma



Setting up the swim platform, May 10, 2014.

Kim Waldhauer

Hosted Weekends: June–July 2014

(visit www.adkny.org for frequent updates)

Unless specified, please register by Thursday prior to the weekend.

To host a weekend or midweek, contact Host Chair:

Janet Sibarium (212) 254 0738

Email: jansib@mindspring.com

Commissary Concerns?

Call or email Maryann Poris (973) 731-7117

maporis@aol.com

A note to hosts: There is a limit of one host plus one co-host per weekend or midweek, and both host and co-host must be either a keyholder or an applicant. This includes summers and holidays. This also includes families with adult and minor children.

June 7 – 8 • Sierra Club Photo Day at Camp Nawakwa Caretaker Hosts: Steve Barre & David Miller

Please join and welcome Sierra Club members who will take photos of peak mountain laurel blossoms at Camp Nawakwa.

Midweek Host: June 9 – 13: Walter Jaeckel

June 14 – 15 • Almost Summer Weekend

Mountain laurels may still be blooming...Bring your camera and stay the weekend, enjoy simple, tasty seasonal meals with easy clean-up.

Co-Hosts: Diane Booth and Suzanne Rocheleau (Registrar)
SRocheleau@cantor.com (646)736-8074

June 21 – 22 • First Summer Weekend

Kick back, enjoy camp and our cool host encore! Seasonal delights await your taste buds. Please e-mail or text to register. **Host:**

Russell Silverman E-mail: aleph1null@gmail.com

Text: 917-335-6165

June 28 – 29 • Bring Your Friends Weekend

Now is the time to invite the friends you have been telling about Nawakwa for a weekend designed to introduce them to what we offer in hiking, swimming, boating and socializing. Please register via e-mail.

Co-Hosts: Jerry and Susanne Flower jerry.flower@verizon.net

June 30 – July 3: Midweek Hosts:

Derek & Katherine Lomer

July 4 – 6: Independence Day Weekend

Hang up the flag and join the fun, swim, hike or just “chill” on the dock. Enjoy a traditional feast with grilled/BBQ chicken (or vegetarian kabobs) and a bounty of colorful seasonal vegetables and fruits.

Co-Hosts: Everod Carter 718-271-1219 and **Janet Sibarium:**
jansib@mindspring.com 212 – 254-0738

Midweek Host: July 7 – 11: Jane Prendergast

July 12 – 13 Need Host

July 15 – 18: Midweek Hosts:

Derek & Katherine Lomer

July 19 – 20 Post Bastille Day Celebration

Celebrate La Republique Francaise the French way; with food, beverage and camaraderie. On Saturday evening we'll start with French hors d'oeuvres at Happy Hour and then indulge in a 4 course French meal. Dinner attire: at least one article of clothing bleu, blanc or rouge-beret optional! Breakfast and a trail lunch will also be French-influenced.

Co-Hosts: Louis Ports (registrar) & **Jerry & Susanne Flower**
ltports@hotmail.com 646 339-1316

Midweek Host: July 21 – 25: Doris Repke

July 26 – 27: Wanted: Hungry Vegetarians and Omnivores

Take a swim or hike, and stay for dinner. Join Leni Tabb and Suzanne Rocheleau, in their hosting encore. Seasonal menu is guaranteed to satisfy hungry vegetarians and omnivores: Chicken on the grill & Veggie Chili.

When registering, please specify if you prefer vegetarian or chicken. RSVP by Thursday July 24th @ 9:00 p.m.

Co-Hosts: Leni Tabb lenit4@verizon.net (registrar) & **Suzanne Rocheleau** 646-738-8074

Midweek Host: July 28 – August 1 – Lisa North

August 2 – 3: Need Host

August 9: 11:00 a.m. Annual Open Board Meeting (Main Cabin)

August 9 – 10: Camp Friends Hosting Encore

Last year's co-hosting was so much fun, that Jill and Hsin decided to do an encore. Enjoy a delicious, healthy seasonal menu (with vegetarian options) and a comfortable, relaxed weekend.

Co-Hosts: Jill Appel and Hsin Wang
hzw31@verizon.net or phone 718-913-9250

Midweek: August 11 – 15: Need Host

August 16 – 17: Need Host

Midweek: August 18 – 22: Host: Steve Barre

August 23 – 24 • AMC Invitational Weekend

Please join and welcome AMC members to Camp Nawakwa. Swim, use the camp's canoes or kayaks, hike in the area, or just relax on the big, open front porch. Cost is \$45 for overnight accommodations in sleeping cabins and three meals: Saturday dinner, Sunday breakfast, and Sunday trail lunch. (Note: NY Chapter Members with Nawakwa Passport will deduct the \$20 overnight fee from the total). Please specify omnivore or vegetarian when you register, and please specify whether you will drive or take public transportation. Escorted hike in from Tuxedo train station (but cars cannot be left there overnight). Trans 9C: 9:14 NJ Transit train from Penn Station (or 9:23 from Hoboken); change at Secaucus for 9:31 train to Port Jervis.

Co-Hosts: Kim Waldhauer and Ray Kozma, (Registrar)
rnm129koz@aol.com tel. 917-406-3782.

Midweek: August 26 – Aug. 30: Co-hosts:

Derek & Katherine Lomer

August 30 – September 1 (Labor Day Weekend): Need Host

Future Events: October 11 – 13: Columbus Day Weekend:

Family and kid friendly Co-Hosts: Derek & Katherine Lomer

Hikes: April–June 2014

(visit www.adkny.org for frequent updates)

Hikes Chairperson: Glen Nison
718-625-2182
gnisonbike@juno.com

For listings of hikes not lead by members of ADKNY, (and not necessarily qualifying) try these links:
<http://www.nynjtc.org/content/scheduled-hikes>
<http://www.hudsonhikers.org/schedules.html>

Please check schedules of various public transportation options as fares and schedules may have changed.

Saturday, June 21 at 11:00 a.m.

The first expedition of the ADK-NY Hemlock Project

(Please see the ADK-NY Conservation Committee's article on The Hemlock Project on page 4)

Prior to the hike, please meet at Camp Nawakwa to be trained for the Hemlock Project. All are welcome whether you are hiking this day or not. After the meeting, we will eat lunch (BYO) and begin the hike. A limited number of seats are available in our vehicles to shuttle participants to the hike site. The hike will begin at the hiker's parking lot on Route 106 in the Northwest section of the park. We will be back in camp by 5:30 p.m. Hike is a moderate 4.5 miles and is a **qualifying service project**. To sign up for the hike, email **Don** and **Teri Gabel** at blaugabels@msn.com.

Sunday, June 22 • Highlights of Central Park

North Woods, Conservatory Gardens, The Ravine, Belvedere Castle, Shakespeare Garden, and The Ramble, ending up around 1:15 at the Boat Basin Cafe or at another convenient & inexpensive restaurant for lunch. Take the No. 2 or 3 subway to 110th St. & Lenox Ave. -- then walk a short distance east inside the park to the Dana Discovery Visitors Center (bathrooms!), where we will meet at 10. Call or preferably email me beforehand to make sure the walk is on. No smoking. Not qualifying and joint with AMC.
Bob Susser; rsusser@aol.com; 212 666-4371.

Saturday, July 12 • Nawakwa Circular

Moderate 6-mile hike from Nawakwa over camp trail, Triangle, White Bar, Victory. Lake Sebago connector and shore trails, Triangle and camp trail back to Nawakwa for a swim. Bus riders take the 8:30am Coach Shortline Bus from Port Authority Bus Terminal to Sloatsburg. All hikers meet at 9:15am at the Sloatsburg Municipal Bulidling parking lot located north of second stop light for drive to Nawakwa. Leader will be on the bus. All hikers please call leader.

Qualifying.

Leader: **John Lipsett** 212-867-8280 work or 212-864-6109 home.

Saturday, July 26 at 9:00 a.m.

The second expedition of the ADK-NY Hemlock Project

(Please see the ADK-NY Conservation Committee's article on The Hemlock Project on page 4)

Prior to the hike, please meet at Camp Nawakwa at 8:30 to be trained for the Hemlock Project. All are welcome whether you are hiking this day or not. We will eat lunch during the hike. A limited number of seats are available in our vehicles to shuttle participants to the hike site. The hike will begin at the hiker's parking lot on Route 106 in the Northwest section of the park. We will be back in camp by 2:30 p.m. Hike is a moderate 4.5 miles and is a **qualifying service project**. To sign up for the hike, email **Don** and **Teri Gabel** at blaugabels@msn.com.

Greetings from the Archives Committee

This newly formed Committee seeks members who are interested in collecting, preserving and publishing important materials relating to our Chapter. We welcome anyone with expertise in this area. We look forward to taking advantage of the upgrade to the Chapter website so that we can promote interesting historic materials. Please be in touch with Ellen King, Chair, ellen_king13@msn.com or 201-247-0243.

ADKNY Board of Directors and Committee Chairs

Chapter Chair: Raymond Kozma Email: ray@adkny.org
Vice-Chair: Steve Barre Email: vicechairman@adkny.org
Secretary: Janet Sibarium Email: secretary@adkny.org
Treasurer: Bruce Rosenbloom Email: treasurer@adkny.org
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Director: Maryann Poris Email: maryann@adkny.org
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Director: Suzanne Rocheleau Email: srocheleau@cantor.com
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Membership Chair: Jerry Flower Email: jerry.flower@verizon.net
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Conservation/Education: Don Gabel Email: blaugabels@msn.com
Archives: Ellen King Email: ellen_king13@msn.com
Webmaster: Giacomo Servetti Email: webmaster@adkny.org

Appointment to the Board of Directors

The Board has accepted the resignation of Kim King, Director, who has moved out to California to be with family. As specified in the New York Chapter Bylaws, the Board has appointed Suzanne Rocheleau to fill out the remainder of Kim's term for this year. Suzanne will also be assisting Bruce Rosenbloom in his duties as Treasurer. Please note that there will be elections this Fall for Board Member positions whose terms are ending.

We wish Kim King all the best and thank him for his work on the Board. Kim joined the New York Chapter in 1996 and brought a spirit and vitality to the club that has enriched us.

We welcome Suzanne to the Board and are grateful for the energy and talents she brings. Her cheerful presence and willingness to serve on the Board are much appreciated.

We encourage all members to contribute articles and photos to be used in the Trail Marker and on our website.

Please email to editor@adkny.org

Deadlines for submission to the newsletter are:

August-September 2014 –Deadline: July 18

October-December 2014 –Deadline: September 19

January-March 2015 –Deadline: December 19

Spring has Sprung and the ADK-NY Conservation Committee has Hatched an Environmental Project

by Don and Teri Gabel

History of Hemlock Trees in Harriman

Over the last 15 years, the Hemlock trees in Harriman Park have been decimated by Hemlock Woolly Adelgid and Hemlock Elongate Scale. These two invasive insects have killed all of the large old Hemlocks in the park. Hemlocks are a vital component to the forest ecosystem. They are instrumental in the water purification process for our recreational waters, as well as regional drinking water supplies. Due to the deforestation of much of the Hudson Valley over 200 hundred years ago, many forest ecosystems were stripped of their conifers, leaving predominantly the weak-wooded Hemlock. This puts more pressure on the health and vitality of the Hemlock population as the dominant evergreen tree. Now there are large groves of young Hemlock that are relatively free of adelgid, up until the last few years. The young crop of Hemlocks is in peril.

Purpose of the “Hemlock Project”

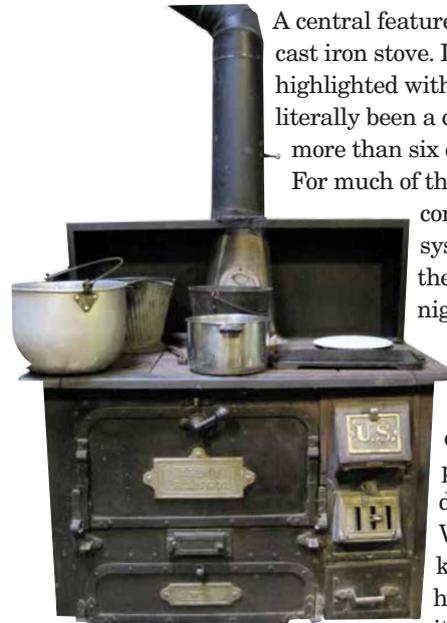
In the summer of 2013 the “Hemlock Project” was proposed by the Conservation Committee (C.C.) and accepted by the ADK-NY Board. The project will be to evaluate and find release sites for bio-controls of both the aforementioned insect pests. ADK-NY will begin implementing the project this year. By participating in this important environmental conservation project, ADK-NY will be taking an active role in the preservation of Hemlocks in Harriman Park. We already have permission from the Park to proceed with the project. The C.C. will be soliciting the Lower Hudson Partnership for Regional Invasive Species Management (PRISM) to request funds for project costs. The costs involved are mostly the beneficial insects and mapping equipment. We are requesting the New York Botanical Garden (NYBG) support the project by allowing Don Gabel to use their lab to analyze specimens and work on logistical support.

There will be a series of expeditions (hikes) to accomplish this important project. The expeditions will be structured to be qualifying hikes, when possible. They would involve learning how to ID plants and insects, as well as evaluate insect populations. The initial phase of the project would entail training to evaluate the Adelgid and Scale populations, as well as any beneficial insects that exist. An expedition to evaluate and map the boundaries of the Hemlock grove along the corridor of the Island Pond fire road and surrounding area will also be conducted. The “Hemlock Project” will provide ADK-NY members with an opportunity to combine a favorite activity with making a valuable contribution to our own immediate environment. More detailed information will be presented prior to the first expedition on June 21. See the Hike schedule.

Old “Number 5”

by Alex Wilkie

Nearly everyone who enters the main cabin at Nawakwa is impressed by its rustic atmosphere. With its handmade stone fireplace and antique rocking chairs, a visitor feels as if he or she is entering place from a bygone era. This is especially true in the kitchen with its wide plank floors, wooden shelves and neat rows of iron pans.



A central feature to this kitchen has been the cast iron stove. Its massive black form highlighted with brushed nickel accents, has literally been a centerpiece to the kitchen for more than six decades.

For much of that time, it served as a central component for the hot water system and a means of heating the entire cabin on cold winter nights.

Over the years, stories have been told about the origin of the stove. One of the most popular was that it was built during the Spanish American War and designed as a field kitchen. Cumbersome and heavy by modern standards, it was nevertheless shipped

to the battlefield on wagons. The idea that Teddy Roosevelt might have warmed up his coffee on our stove is a charming one, but recent research indicates the stove could not have been made for that conflict. Forged by the Hart Company of Louisville, KY, which began operations there in 1917, this stove could not have been made any time before our entry into World War 1. So while it's possible it was used to make flapjacks for doughboys, it was most probably the by-product of a more recent period. Although we have not found a date stamped on the stove, this particular type of stove – “Number 5” - was manufactured by the Hart Company for hundreds Army camps throughout the country during the Second World War. It seems feasible that the stove was picked up as surplus in the late 1940s and installed in the kitchen at that time.

It served the club faithfully, and with little maintenance, for decades, although fewer and fewer club members have had the skills or wherewithal to keep it stoked with coal for water and cooking chores. Now the club's leadership is considering if it has outlived its usefulness. Some have questioned its functionality, given that many modern wood burning stoves are much smaller and more efficient.

In truth, further research needs to be done on old “Number 5”, and if any older members can recall its provenance, we would love to hear about it. The board plans to discuss its future with the club this summer, so if you have any opinions about it, please contact them.

Nawakwa Friends of St. John's in the Wilderness

Continuing a Legacy

Many New York Chapter members, over the years, have gone on the special Palm Sunday hike. Heading out from the Camp road and using a variety of trails and woods roads, the hikers in a few hours reach their destination: the Church of St. John's in the Wilderness. Once arrived, those who wish may attend an optional prayer service in the church. And all look forward to the sumptuous hot and cold luncheon that follows the service. This hike, and the wonderful luncheon generously provided by the parishoners of the parish, has been going on for generations (starting sometime around 1928), with hiking clubs from all over the area taking part.



In the booklet printed for the service, there is always an acknowledgement that the palms have been provided by "Nawakwa Friends of St. John's in the Wilderness." In years past, the only "friend" I knew of who was making a donation for the expense was Walter Shannon. Until his death, Walter Shannon always took part in the Palm Sunday hikers' gathering. I was at this year's event, and as I saw the acknowledgement once again, I wondered who was carrying on this special tradition. It was definitely not an official Chapter sponsorship. Several weeks would go by before I found out the answer to my question, contained in a letter to me by long-time member Marvin Kirkland:



"Sometime after joining New York Chapter-ADK and becoming a close friend of Walter Shannon, we learned that Walter was supplying the funds for Palms at St. John's in the Wilderness on Palm Sunday. Walter invited me to join him in this endeavor. No attribution to be mentioned other than "from Nawakwa Friends of St John's in the Wilderness." After Walter passed, Harry Bott came on board. I continue to perpetuate Walter's thoughtful gift. Distance keeps me away and unable to monitor this gift. [Marvin lives now in Tennessee] Would you be interested in continuing this uninterrupted legacy?"

I would like to continue this legacy (that goes back to the 1930s, at least) and I wondered if any other New York Chapter members would like to be counted as "Nawakwa Friends of St. John's in the Wilderness." If so, please contact me. I intend to contact the Church staff to find out their needs and viewpoint on this, as well as find out how best to co-ordinate whatever contributions might be needed. This would be a private, anonymous venture, not a Chapter-sponsored one. There is no commitment yet, until we have more details. But the people of St John's have been so welcoming and generous to generations of hikers, and the connection with Nawakwa has been so very special, that I consider it a wonderful legacy to support and continue.



Ray Kozma, Chapter Chair

rmk129koz@aol.com

917-406-3782

Palm Sunday Hike photos courtesy of Janet Sibarium

Notes From Camp

by Kim Waldhauer, Camp Chair

We have new platforms! As of this writing the shade platform by the swim dock is complete, and only needs a handrail. The new tent platform is 90% done, and will be finished soon. It is in a beautiful location near the lake. Thanks to our skilled volunteers who got it done! They are Bill and Carol Burns, Bill Hladky, and Herb Coles; and especially Derek Lomer, who is well known for his ability to turn good ideas into reality. I converted the turnaround into a temporary sawmill.

Our spring cleanup was an outstanding success. Again, thanks are due to our many volunteers. We got most everything done by lunchtime. The delicious and nutritious complimentary lunch was provided once again by Mike and Maryann Poris, and dinner was hosted by the tireless Janet Sibarium and Everod Carter.

In the near future I plan to repair the sagging shelves in the blanket closet in the infirmary. As always, please bring any building maintenance issues to my attention at kimw@adkny.org



Blue Flag Iris on Lake Sebago shoreline.

Kim Waldhauer



David Miller and Steve Zubarik, sawyers, assisted by Noel Schulz, engaged in some pro-active firewood activity at camp.

Giacomo Servetti

2014 Locker Renewals and Locker Availability

Many Nawakwa members find it convenient to rent a locker at Camp to store such items as sleeping bag, tent, air mattress, toiletries, towels, spare shoes, change of clothing, hiking gear, camp chair, and other necessities of camp life. The lockers are fairly spacious, and at \$35 a year, they're probably the cheapest real estate you'll ever rent.

If you rented a locker in 2013, you will receive a locker renewal notice during the coming month with instructions for mailing your \$35 renewal fee.

If you don't have a locker currently but would like to enjoy the benefits of having one, you should notify Jerry Flower at membership@adkny.org or drop a note to ADKNY Membership, 802 W. 190th Street #1F, New York, NY 10040 with a check for \$35.

Boat storage now available

Store your boat at camp for the season! Boats will be stored at owner's risk under cabins 1 or 6 for \$35/season. Contact Treasurer@adkny.org

Key-holder's Special Option: *The Annual Nawakwa Passport*

For New York Chapter members who are key-holders, there is a new, optional way to cover the cost of Day Fees. Key-holders may continue to pay the \$10 Day Fee for each day they decide to use camp, or for an annual, up-front fee, they may choose to participate in the new ***Annual Nawakwa Passport***, which will cover the Day Fee cost for an unlimited number of visits to camp per calendar year. The Board hopes that, by making the payment of the Camp Fee as convenient as possible, more key-holders will use Camp Nawakwa on a more regular basis. Upon arrival at camp when you sign-in to register at the desk, in the column listed for Day Fee, Passport holders will sign NP and the five-digit number of their Passport. The cost of this ***Annual Nawakwa Passport*** is \$125 per individual key-holder and is non-transferable. Please note that the Passport exempts only one individual adult key-holder from paying Day Fees. There is no family category for the passport. If a key-holder with the Passport brings spouse, children, other family members or guests to camp, these other must pay the Camp Fees as usual.

To obtain an ***Annual Nawakwa Passport***, key-holders should send their request, with their name address, phone number and check (payable to the New York Chapter, Inc.), to the Chapter Chair, Ray Kozma, at:

Raymond Kozma, Chapter Chair
New York Chapter-ADK
585 North Railroad Ave-3D
Staten Island, NY 10304